



Call In Your Intention Through the Elements

Your main wardrobe should support your personality and your body shape and coloring. But you want to include all elements, to support the many intentions you might have.

For example, if you are naturally a Wood energy with new ideas to get things started, and you need to work on business accounting, you might call in Metal, to keep you centered and focused on this one task. If you want to cut loose from projects and have some fun, bring in some Fire. Want to be more intuitive today, dress with some water energy.

Here is how you can bring these elements into play:

Intention : Deep – Independent - Introspective

The WATER ELEMENT supports you in artistic, intellectual, and spiritual endeavors. Water Element intentions require you to go deep inside yourself. These are goals, dreams, or desires that demand inner work in order for you to manifest them in your life. Nothing is required of you but to Be.

Affirm & attract Water energy by wearing:

- Dark colors
- Abstract patterns
- Velvety textures
- Flowing silhouettes

Intention : Dynamic – Moving – Goal Oriented

The WOOD ELEMENT supports you in new, health and growth-oriented endeavors. Wood Element intentions call for you to spring into action. These are goals, dreams or desires that require physical and mental agility in order for you to manifest them in your life. Be prepared to Do.

Affirm & attract Wood energy by wearing:

- Blues & greens
- Stripes & florals
- Ribbed textures
- Columnar silhouettes

Intention : Radiant – Illuminating – Captivating - Fun

The FIRE ELEMENT supports you in social, intimate and communication-related endeavors. Fire Element intentions call for you to step into the limelight. These are goals, dreams or desires that require enthusiasm and passion in order for you to manifest them in your life. Get ready to attract attention!

Affirm & attract Fire energy by wearing:

- Reds & purples
- Animal prints
- Shiny textures
- Body conscious silhouettes

Intention : Grounded – Nurturing – Tactful - Peacemaker

The EARTH ELEMENT supports you in family, community and relationship-oriented endeavors. Earth Element intentions call for you to secure, stabilize or support a situation. These are goals, dreams or desires that require commitment and responsibility in order for you to manifest them in your life. Allow yourself to give *and* receive.

Affirm & attract Earth energy by wearing:

- Earhtones
- Plaids & checks
- Tweedy textures
- Boxy silhouettes

Intention : Polished – Refined – Focused

The METAL ELEMENT supports you in cultural, system and aesthetic-oriented endeavors. Metal Element intentions call for you to raise your standards. These are goals, dreams or desires that require organization or excellence in order to manifest them in your life. Focus on quality over quantity.

Affirm & attract Metal energy by wearing:

- White & pastels
- Dots & scrolls
- Polished textures
- Curvy silhouettes