

# WELCOME WOOD DRAGON

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Chinese New Year begins on Saturday February 10, 2024 and is a two week celebration!

This is the year of the Wood Dragon, and tradition would hold that you welcome in the energy of this new year through your front door, like an honored guest. Perhaps if a real dragon showed up, you would be less than thrilled, but this esteemed guest of the energy of the year is an important one, unless you WANT to stay stuck in last years energy.

So how do you welcome in this energy? You pay extra attention to your front door. Cleaning, and using red wreaths or ribbons and symbols on your front door is a way to guide the energy to your home.

WELCOME



Make sure the entryway is free of clutter and debris. Hang those coats, and organize the boot!

Make sure that your entry way looks welcome, and smells welcoming and sounds welcoming.

**I can hear you ask... what if you NEVER use your front door?**

You can of course clean and beautify the door you use ( for some its form the garage or the back porch). However that FRONT door, the one that faces towards the street is the mouth of chi for your home.

**Next, you will want to do a through cleaning of your whole home**  
Kitchen first, and especially the stove and cooktop.

**Finally, make sure that you release the clutter from your home.**  
Make sure you are not dragging the past problems into the future!



# AN ANCESTOR

Chinese New Year is a two week celebration!

Part of this time is dedicated to giving gratitude for the good things in life, and honoring your ancestors. Intentionally giving thanks to those beings who gave genetically and also in other mentoring or helpful ways to you, and are now in spirit is a part of this tradition. In ancient times, it was believed that your ancestors in spirit would watch out over you in the coming year. Placing rice or oranges or even granny's favorite candy on the altar is a way to honor and thank them for their guardian spirit help.

Do you have a place in your home with photos of your ancestors, or representation of your heritage?



# GIFTS

Traditionally to celebrate this new year gifts were given, and oranges were a popular gift representing abundance!

I think we are all happy about giving. Today I want you to practice being open to receive!

Receive compliments, receive gifts, receive kindness. The more you are open to receive, the more you can receive.

May this year be filled with blessings for you and your family!



# ACT AS IF

You want that first day of the year to start the pattern of happiness, abundance, health and whatever else you crave for the rest of the year.

Plan today... if you want to have the kind of life where you wake up and have a delicious muffin and tea for breakfast, make sure you have that on hand today. If you want to have a year of looking fabulous, plan your outfit and styling today, so that tomorrow, even if you are not going anywhere, you set the tone.

And what if your desire is to find true love, or manifest more abundance... or something that is hard to pretend when it's just not there? Then that's when you ACT AS IF!



Maybe for that new love you are manifesting, wake up and imagine what it would be like to feel so very loved and cherished. That person may not be with you in every moment... but the way they make you FEEL can be a feeling you have around you all day.

Not abundant yet? Then imagine if you were, how you would FEEL. Would you be less anxious about bills? Then deliberately feel less anxious... and evoke that feeling for yourself of how it will be when all the bill are paid.

Get ready... engage your acting ability, your imagination and ACT AS IF it's already happening!

Maybe take some notes below on how you want your life to feel in 2024. Then think about how you can ACT AS IF starting on February 10th!

**My New Year wishes will feel like:**

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# BANG!

Get ready to bang a gong, or a pan or a drum or set off some fireworks on New year's eve night!

Yes, making sounds is a part of chasing out the energy of the old year, and welcoming in the new. It is a form of space clearing, and truly makes a difference, especially if you have been feeling in a rut!

You can also go through your house and give each room a round of applause with your hands.

Be grateful for the gifts of the last year, and applaud. Welcome in your dreams for the future, and applaud!

**What is your noisemaker of choice for this New year?**





# My Prep List!

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Make sure the front door and entryway is free of clutter and debris:

- Clean!
- Organize!
- Add Red!

Schedule time to

- Clean the kitchen
- Clean the windows
- Clean the rest of the house
- De-clutter and release

Create a place in your home with photos of your ancestors, or representation of your heritage

Plan Your Gifting!

Make your list of how you want to feel in the new year, and plan the first two weeks to encourage those activities or feelings!

Make some noise on new years eve! Gather your tools!



# Want to learn more?

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You may notice how different your home feels with just these few changes.

Feng Shui is a way to make your home support your life even more.

If you would like a distance consultation on how to customize your home even more to support your goals this year, contact LuAnn to set up your consultation.

You can learn more at [www.luanncibik.com](http://www.luanncibik.com)

Or email LuAnn at [luann@inner-harmony.org](mailto:luann@inner-harmony.org)