

# MY PLAN FOR THE FIRE HORSE

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Every year has a different feeling, and the ancient Chinese studied for centuries on how to predict this energy and how it would affect each person.

We are all unique, partly because of our DNA, partly because of our upbringing, and partly because of our astrological makeup. Whether you look at Eastern or Western astrology, the year, day and time you were born gives you a certain outlook and ‘programming’ for how you perceive the world.

This workbook has a page for each sign, and questions for you on how you can best support and ride through this year of the horse with success and happiness!

# ASTROLOGY

# Rat (Mouse)

Birth years of the Rat: 1912, 1924, 1936,  
1948, 1960, 1972, 1984, 1996, 2008,  
2020.

Next year of the Rat is 2032.



Horse and Rat are opposites in the 12 year cycle of animals. Horse follows impulse and instinct, whereas you develop well-designed plans. But don't let Fire Horse's fast energy stop you from exploration, travel, and new breakthroughs this year. 2026 is a Fire year so you will like the action, movement, and stimulation of Fire. Your diplomatic skills and strategic thinking can lead to success, and you are stronger behind the scenes where you can set the pace and maintain control.

The element Fire empowers the 1996 Fire Rat to create a brighter blaze. Fire strengthens the 2008 or 1948 Earth Rat because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 2020 or 1960 Metal Rat. The 1972 Water Rat has an advantage this year because Water can control and extinguish Fire. The 1984 Wood Rat could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Rat benefits by keeping boundaries and not overgiving.

Your best months are January, April, August, and December. Your best season is winter.

What will be my challenge with this years energy?

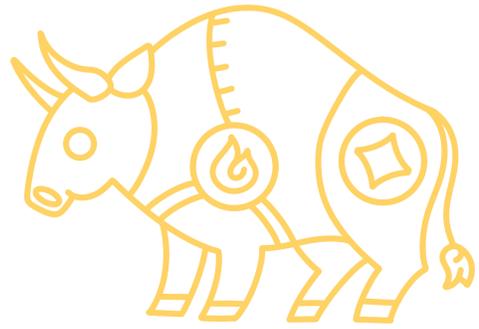
How will I adjust my home to support or control this years energy?

What are my goals to harness the energy of this year?

# Ox (Buffalo, Cow)

Birth years of the Ox: 1913, 1925,  
1937, 1949, 1961, 1973, 1985, 1997, 2009,  
2021.

Next year of the Ox is 2033.



Fire Horse year energy can feel intense or unpredictable sometimes, although it does bring you opportunities to pick up speed and get going. Your innate sense of stability and aversion to risk run counter to Fire Horse's fast adaptability. So strive to accept change, learn new methods, and break out of your conservative shell. Create new routines, experiment, and follow up on all new opportunities. Travel is highlighted in a Fire Horse year so 2026 could be your year for a lifetime adventure.

The element Fire empowers the 1997 Fire Ox to create a brighter blaze. Fire strengthens the 2009 or 1949 Earth Ox because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 2021 or 1961 Metal Ox. The 1973 Water Ox has an advantage this year because Water can control and extinguish Fire. The 1985 Wood Ox could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Ox benefits by keeping boundaries and not overgiving.

Your best months are January, May, September, and December. Your best season is winter.

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# Tiger

Birth years of the Tiger: 1914, 1926, 1938, 1950, 1962, 1974, 1986, 1998, 2010, 2022.

Next year of the Tiger is 2034.



Fire Horse year is your comeback. Get out there and roar! Tiger has a great year when you are physically fit, win the heart of the one you love, and have success at work – even a new career. Fire Horse’s strong energy and intensity support your drive, ambition, and innovations. Don’t miss out on anything because this is your time for growth and leadership. Just avoid too many impulsive decisions when strategy is more practical.

The element Fire empowers the 1986 Fire Tiger to create a brighter blaze. Fire strengthens the 2098 or 1938 Earth Tiger because Fire is the “mother” of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 2010 or 1950 Metal Tiger. The 1962 Water Tiger has an advantage this year because Water can control and extinguish Fire. The 1974 Wood Tiger could be in the role of the nurturer or caregiver this year because Wood is the “mother” of Fire. Wood is fuel for Fire, so the Wood Tiger benefits by keeping boundaries and not overgiving.

Your best months are February, June, October, and November. Your best season is autumn.

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# Rabbit (Hare, Cat)

Birth years of the Rabbit: 1915, 1927, 1939,  
1951, 1963, 1975, 1987, 1999, 2011, 2023.

Next year of the Rabbit is 2035.



Horse can be charming, and you Rabbit are very lovely. Both Horse and Rabbit appreciate the fine things in life. So this Horse year is very good for you to experience beauty, open new doors, and expand your circle. No more shy or reticent Rabbit. Romance is highlighted, and foreign travel brings inspiration to your artistic heart. But protect your health if the pace of life becomes too swift, avoid impulsive decisions, maintain a budget to not overspend.

The element Fire empowers the 1987 Fire Rabbit to create a brighter blaze. Fire strengthens the 1999 Earth Rabbit because Fire is the “mother” of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 2011 or 1951 Metal Rabbit. The 1963 Water Rabbit has an advantage this year because Water can control and extinguish Fire. The 1975 Wood Rabbit could be in the role of the nurturer or caregiver this year because Wood is the “mother” of Fire. Wood is fuel for Fire, so the Wood Rabbit benefits by keeping boundaries and not overgiving.

Your best months are March, July, October, and November. Spring is your best season.

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# Dragon

Birth years of the Dragon: 1928, 1940,  
1952, 1964, 1976, 1988, 2000, 2012, 2024.

Next year of the Dragon is 2036.



Dragon respects Horse because you are both strong, powerful, and won't easily back down. So enjoy the fast action of this Fire Horse year when things are out in the open, opportunities come and go quickly, and Dragon even has interesting opportunities on the international scene. Fire Horse energy inspires your ambitions and brings confidence, you enjoy the rapid pace of this year, and social life is lively. Don't be a loner out of spite; join the Horse herd this year where you can emerge the leader!

The element Fire empowers the 1976 Fire Dragon to create a brighter blaze. Fire strengthens the 1988 Earth Dragon because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 2000 or 1940 Metal Dragon. The 2012 and 1952 Water Dragon has an advantage this year because Water can control and extinguish Fire. The 2024 or 1964 Wood Dragon could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Dragon benefits by keeping boundaries and not overgiving.

Your best months are April, August, September, and December. Spring is your best season.

What will be my challenge with this years energy?

How will I adjust my home to support or control this years energy?

What are my goals to harness the energy of this year?

# Snake

Birth years Snake

Birth years of the Snake: 1917, 1929, 1941, 1953, 1965, 1977, 1989, 2001, 2013, 2025.

Next year of the Snake is 2037.



Your Snake year 2025 is over, but your good fortune can continue throughout Horse year. The strength and speed of Fire Horse help push you forward. After much contemplation in Snake year, now you can put your ideas and new awareness into action. You are rewarded for past efforts while your natural sense of caution keeps you balanced and not caught up in the Horse race. No one can stop you so think big and succeed! Everyone's listening to what you wise Snake have to say. Snake's earthly branch is Fire, as is Horse's, so this double dose of Fire in 2026 brings you strength.

The element Fire empowers the 1977 Fire Snake to create a brighter blaze. Fire strengthens the 1989 Earth Snake because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 2001 or 1941 Metal Snake. The 2013 or 1953 Water Snake has an advantage this year because Water can control and extinguish Fire. The 2025 or 1965 Wood Snake could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Snake benefits by keeping boundaries and not overgiving.

Your best months are January, April, May and September. Your best season is summer.

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# Horse

Birth years of the Horse: 1918, 1930,  
1942, 1954, 1966, 1978, 1990, 2002, 2014,  
2026.

Next year of the Horse is 2038.



This Fire Horse year is when you start a dynamic new 12 year life cycle. Off you go with a lucky gallop! Anticipate breakthroughs, innovation, and success when whatever you touch can turn to gold. Independent, bold, non-conformist Horse is an inspiration to many this year. The momentum of this Fire Horse year's speed and passion leads to doors opening due to following your spot-on Horse instincts. You can be fortunate in love, family, business – all areas of life. Plus travel is highlighted for you to see the world. Summer is exceptionally lucky.

The element Fire empowers the 1966 Fire Horse to create a brighter blaze. Fire strengthens the 1978 Earth Horse because Fire is the “mother” of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 1990 Metal Horse. The 2002 or 1942 Water Horse has an advantage this year because Water can control and extinguish Fire. The 2014 or 1954 Wood Horse could be in the role of the nurturer or caregiver this year because Wood is the “mother” of Fire. Wood is fuel for Fire, so the Wood Horse benefits by keeping boundaries and not overgiving.

Your best months are February, June, July, and October. Your best season is summer.

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How will I adjust my home to support or control this years energy?

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# Sheep (Goat, Ram)

Birth years of the Sheep: 1919, 1931,  
1943, 1955, 1967, 1979, 1991, 2003, 2015.

Next year of the Sheep is 2027.



Finally, momentum and good fortune arrive for the Sheep. Horse is your strong ally so Fire Horse year brings you strength, power, and stamina. You have luck in love, and are comfortable to be independent in relationships, not needing extra emotional support for the freedom to be the Sheep bohemian who you really are. Now is your year for art, beauty, and creativity so travel, explore, and take risks. If adventures seem unformed or need focus, next year Fire Sheep 2027 will be your time to consolidate efforts and further develop your success. Sheep's earthly branch is Fire, as is Horse's, so this double dose of Fire in 2026 is inspiring for you.

The element Fire empowers the 1967 Fire Sheep to create a brighter blaze. Fire strengthens the 1979 Earth Sheep because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 1991 Metal Sheep. The 2003 or 1943 Water Sheep has an advantage this year because Water can control and extinguish Fire. The 2015 or 1955 Wood Sheep could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Sheep benefits by keeping boundaries and not overgiving.

Your best months are March, June, July, and November. Your best season is summer. Winter can be hard for Sheep.

What will be my challenge with this years energy?

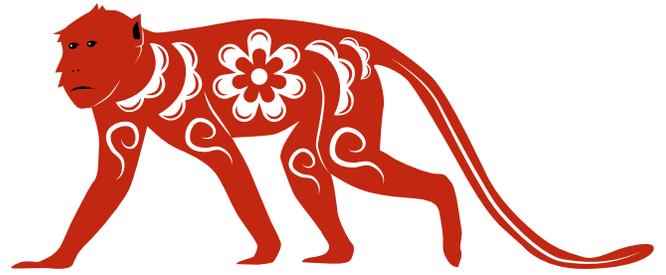
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# Monkey

Birth years of the Monkey: 1920, 1932, 1944, 1956, 1968, 1980, 1992, 2004, 2016.

Next year of the Monkey is 2028.



Time to entertain, be extravagant, and live it up! After serious Snake year 2024, Monkey has some catching up to do for more fun and creativity in life, and bringing the wit and sparkling energy that only Monkey can provide.

Both you and Horse are lively and strong, so Horse's passionate Fire suits you to pursue your ambitions and make progress. There's enough bold action this year to keep you busy, although avoid too much multi-tasking to not become scattered. Like Horse, you'll do as you please this year.

The element Fire empowers the 1956 Fire Monkey to create a brighter blaze. Fire strengthens the 1968 Earth Monkey because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 1980 Metal Monkey. The 1992 Water Monkey has an advantage this year because Water can control and extinguish Fire. The 2004 or 1944 Wood Monkey could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Monkey benefits by keeping boundaries and not overgiving.

Your best months are April, May, August, and December. Your best season is autumn.

What will be my challenge with this years energy?

How will I adjust my home to support or control this years energy?

What are my goals to harness the energy of this year?

# Phoenix (Rooster)

Birth years of the Phoenix: 1921, 1933, 1945, 1957, 1969, 1981, 1993, 2005, 2017.

Next year of the Phoenix is 2029.



Rooster or Phoenix, with the magic of offering lifetime opportunities to be reborn and transformed. And this a great year for a rebirth and reinvention because you and Horse are compatible. You're both sexy, love life, and actively seek new adventures. In this Fire Horse year, you can take action, are clear about your pursuits, and do well with teamwork instead of being stuck in the dictator role. Now is a very fortunate time to find love if single, or for love to deepen if partnered, and for many romantic getaways. So let the fireworks begin! Should Fire Horse energy become overwhelming for you at times, or your temper rises, stay balanced with your structure or routine.

The element Fire empowers the 2017 or 1957 Fire Phoenix to create a brighter blaze. Fire strengthens the 1969 Earth Phoenix because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 1981 Metal Phoenix. The 1993 Water Phoenix has an advantage this year because Water can control and extinguish Fire. The 2005 or 1945 Wood Phoenix could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Phoenix benefits by keeping boundaries and not overgiving.

Your best months are January, April, May, and September. Your best season is autumn.

What will be my challenge with this years energy?

How will I adjust my home to support or control this years energy?

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# Dog

Birth years of the Dog: 1934, 1946, 1958,  
1970, 1982, 1994, 2006, 2018.  
Next year of the Dog is 2030.



Every Dog has their day, but for you all days can be fortunate in this Fire Horse year! Horse is your best friend in the Chinese zodiac so things just work out in your favor. Anticipate a promotion or other form of luck that advances your career or interests. Dog values are championed this year: truth telling, swift justice, and fair but quick resolution to problems. Fire Horse's adventurous spirit inspires you to take risks, travel, and express yourself in a new way. You collaborate well with others, and romance and relationships are highlighted. Now is your time to shine in the sun, develop and enjoy strong social connections, and succeed.

The element Fire empowers the 2006 or 1946 Fire Dog to create a brighter blaze. Fire strengthens the 2018 or 1958 Earth Dog because Fire is the "mother" of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 1970 Metal Dog. The 1982 Water Dog has an advantage this year because Water can control and extinguish Fire. The 1994 Wood Dog could be in the role of the nurturer or caregiver this year because Wood is the "mother" of Fire. Wood is fuel for Fire, so the Wood Dog benefits by keeping boundaries and not overgiving.

Your best months are February, March, June, and October. Your best season is autumn.

What will be my challenge with this years energy?

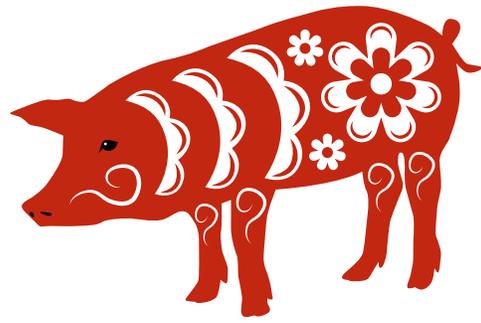
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What are my goals to harness the energy of this year?

## Pig (Boar)

Birth years of the Pig: 1935, 1947, 1959,  
1971, 1983, 1995, 2007, 2019.

Next year of the Pig is 2031.



Life will be easier now that Snake year 2025 is over because Pig is opposite Snake in the 12 year cycle of animals. So anticipate a better year with less turmoil, even in a Fire Horse year, and for romantic problems to ease. You and Horse make great comrades who both possess creative minds, love good food, and are an innovative modern-day Renaissance man or woman. So Pig can experience pleasure and enjoyment with new travels and fun adventures. Plus next year 2027 Fire Sheep is even better for the Pig. But care must be taken to not believe the untrustworthy, especially with investments or business risks.

The element Fire empowers the 2007 or 1947 Fire Pig to create a brighter blaze. Fire strengthens the 2019 or 1959 Earth Pig because Fire is the “mother” of Earth; after Fire burns it creates ash that is more Earth. Fire melts Metal so stay steady and take care of yourself for the 1971 Metal Pig. The 1983 Water Pig has an advantage this year because Water can control and extinguish Fire. The 1995 Wood Pig could be in the role of the nurturer or caregiver this year because Wood is the “mother” of Fire. Wood is fuel for Fire, so the Wood Pig benefits by keeping boundaries and not overgiving.

Your best months are February, March, July, and November. Your best seasons are autumn and winter.

What will be my challenge with this years energy?

How will I adjust my home to support or control this years energy?

What are my goals to harness the energy of this year?

# Thank you

To Susan Levitt for her succinct overview  
of the energy for each animal sign  
[www.susanlevitt.com](http://www.susanlevitt.com)

