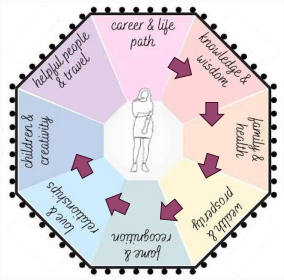


10

The guas relate to each other

Just as season flow from one to the next



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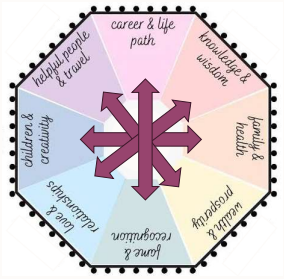
The guas support each other



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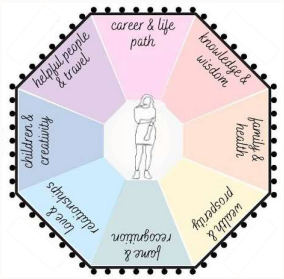
Each touches the Center Gua The Taiji

You are at the center

Your values
Your beliefs
Your dreams
Your seeds for Joy



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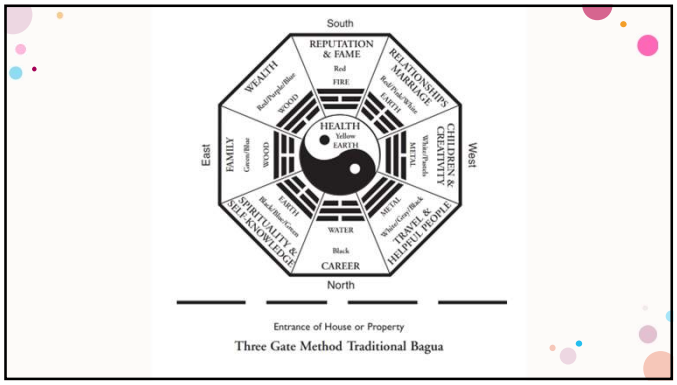

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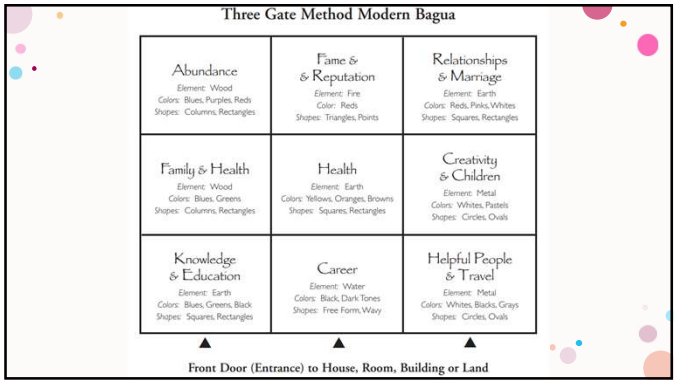

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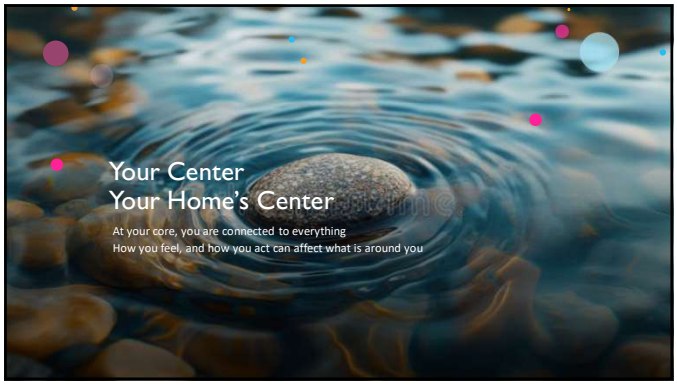

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THE CENTER: MY PERSONAL VALUES

The Heart of the Bagua • What Matters Most

What matters most to me?
What qualities do I want my life to embody?
What do I value most?
What makes a life feel meaningful to me?

What are my most important values? Am I living according to my values?
Where in my HOME are my values beautifully reflected?

What is in the center of my home that doesn't align with what matters most to me?
What receives most of my time and energy? Does that reflect what I say I value?

If my life were a perfect expression of my deepest values, what would it look like?
What is one change I could make that would bring my HOME
into greater alignment with my heart?

17

Health in Body, Mind and Spirit

- Supported by Earth energy
- Representation of your core values and beliefs
- Representation that flows to all other areas of the bagua



18

Supporting the Center

Earth Energy

To come from a place that is grounded, solid, stable, peaceful, dependable

To support this:

Rocks, crystals, tiles, pottery

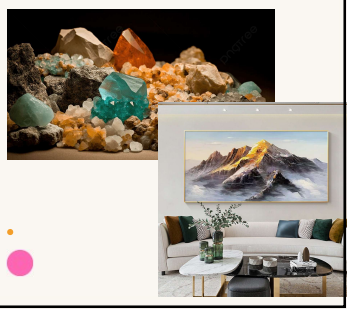
Horizontal lines, square shapes

Art representing mountains, landscapes

Colors: Brown, tan, gold

Nubby thick textures, plaids

Lower ceilings, furniture closer to the ground



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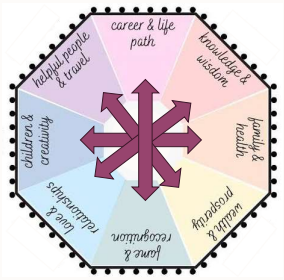
Remember – the center touches and supports and influences every other area



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Career
Life Path
What is your mission

Supported by Water energy

Symbols of what you are here to do

Representation of your role(s)



21

Knowledge
Self knowledge
Education
What is unique and wonderful about you?

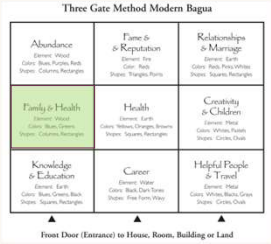
Supported by Earth energy
Representation of education
Representation of your talents



22

Family
Physical Health
What is your linage and your physical body

Supported by Wood energy
Representation of ancestry and family tree
Representation of talents
Representation of health and vitality



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Abundance
Wealth Prosperity
What riches are you blessed with?

Supported by Wood energy
Representation of luxury, abundance
Representation of what blessings you want or have



24

Fame & Reputation Illumination How does the world see you?

Supported by Fire energy

Representation of how you want to be seen in the world



25

Relationship & Marriage How are your close one on one relationships?

Supported by Earth energy

Representation of how you want your relationship to feel



26

Children & Creativity What are you creating and finishing?

Supported by Metal energy

Representation what you wish to create or complete



27

Helpful People & Travel
How are you connecting to the rest of the world?

Supported by Metal energy
Representation who are helpful to you
Representation to who you are helping
Representation of you travel outside your home



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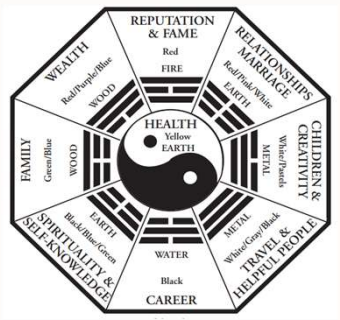

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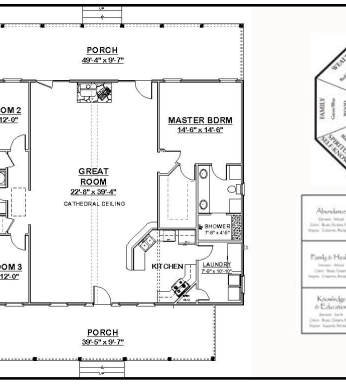

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